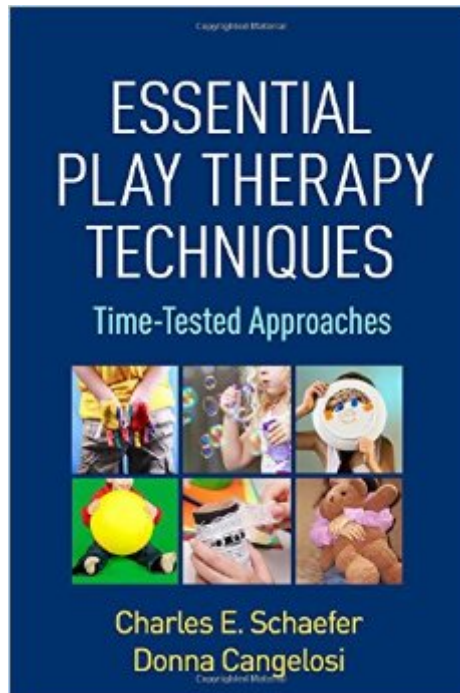


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Essential Play Therapy Techniques: Time-Tested Approaches



Synopsis

Highly practical and user friendly, this book presents 58 play therapy techniques that belong in every child clinician's toolbox. The expert authors draw from multiple theoretical orientations to showcase powerful, well-established approaches applicable to a broad range of childhood problems. Activities, needed materials, and variations of each technique are succinctly described. Of critical importance for today's evidence-based practitioner, each chapter also includes a historical perspective on the technique at hand, a rationale explaining its therapeutic power, and a review of relevant empirical findings. The book enables readers to determine which strategies are appropriate for a particular child or group and rapidly incorporate them into practice.

Book Information

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